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# Adverse Childhood Experiences (ACEs)

Adverse childhood experiences (ACEs) can have a tremendous impact on future violence victimization and perpetration, and lifelong health and opportunity. CDC works to understand ACEs and prevent them.

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## ACEs Prevention Resource

[Adverse Childhood Experiences Prevention Resource for Action](#)  [4 MB, 38 Pages]

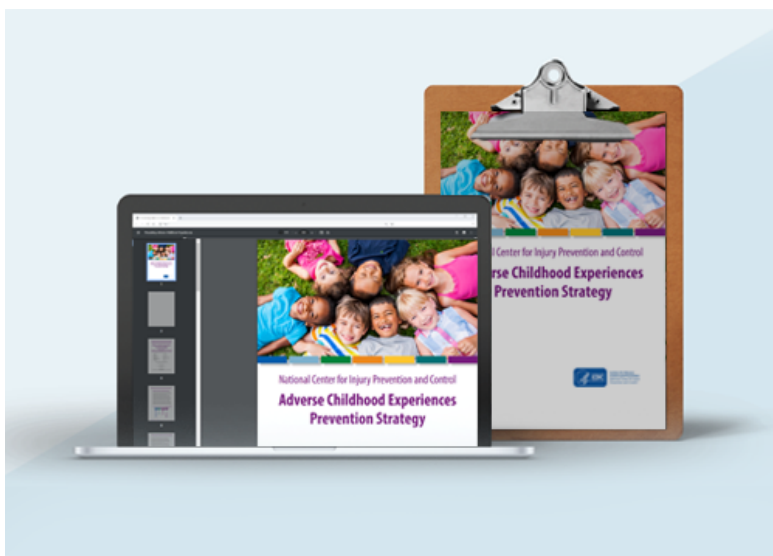
This is a resource to help states and communities leverage the best available evidence to prevent ACEs from happening in the first place as well as lessen harms when ACEs do occur. It features six strategies drawn from the CDC Resources for Action, formerly known as, “technical packages.”




## CDC's ACEs Prevention Strategy

Adverse Childhood Experiences (ACEs) Prevention Strategy Plan  [3 MB, 20 Pages]

This resource outlines CDC's specific goals and objectives for ACEs prevention and response. The goals and objectives aim to prevent ACEs before they happen, identify those who have experienced ACEs, and respond using trauma-informed approaches in order to create the conditions for strong, thriving families and communities where all children and youth are free from harm and all people can achieve lifelong health and wellbeing.



## Vital Signs Fact Sheet: Adverse Childhood Experiences (ACEs)

Vital Signs: Adverse Childhood Experiences (ACEs)  [865 KB, 2 Pages]

CDC's Vital Signs fact sheet featuring ACEs and their negative impacts on health as well as education and employment opportunities later in life.



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Source: National Center for Injury Prevention and Control, Division of Violence Prevention