Parental Alienation Development and Validation of a Behavioral Anchor Rating Scale

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Abstract: Parental alienation (PA) is a family process in which one parent (the alienator) induces the child to reject the target parent. This study aims to develop the development of a PA rating scale and assess its psychometric properties. Data were collected from 1,000 parents who had a child who was alienated from the other parent. Two scales, both Likert-type, were developed: a 10-item Parental Alienation Behavior Rating Scale (PABRS) and a 10-item Parental Alienation Behavior Anchor Rating Scale (PABARS). The pilot study first conducted EFA (principal components analysis) and CFA (confirmatory factor analysis) on the PABRS items. The results indicated that the PABRS was unidimensional, with a single factor accounting for 54.4% of the variance. The factor loadings ranged from .667 to .817, and the internal consistency was .908. The pilot study then conducted EFA (principal components analysis) and CFA (confirmatory factor analysis) on the PABARS items. The results indicated that the PABARS was unidimensional, with a single factor accounting for 54.1% of the variance. The factor loadings ranged from .667 to .817, and the internal consistency was .908. The PABARS was then used to assess the relationship between PA and the Parent-Child Relationship Quality (PCRQ). The results indicated that PA was negatively related to the PCRQ. The PABARS was also used to assess the relationship between PA and the Parental Alienation Scale (PAS). The results indicated that PA was positively related to the PAS. The PABARS was also used to assess the relationship between PA and the Parental Alienation Syndrome Scale (PAS-PAS). The results indicated that PA was positively related to the PAS-PAS. The PABARS was also used to assess the relationship between PA and the Parental Alienation Scale for Children and the Scale for Parents (PAS-CSP). The results indicated that PA was positively related to the PAS-CSP

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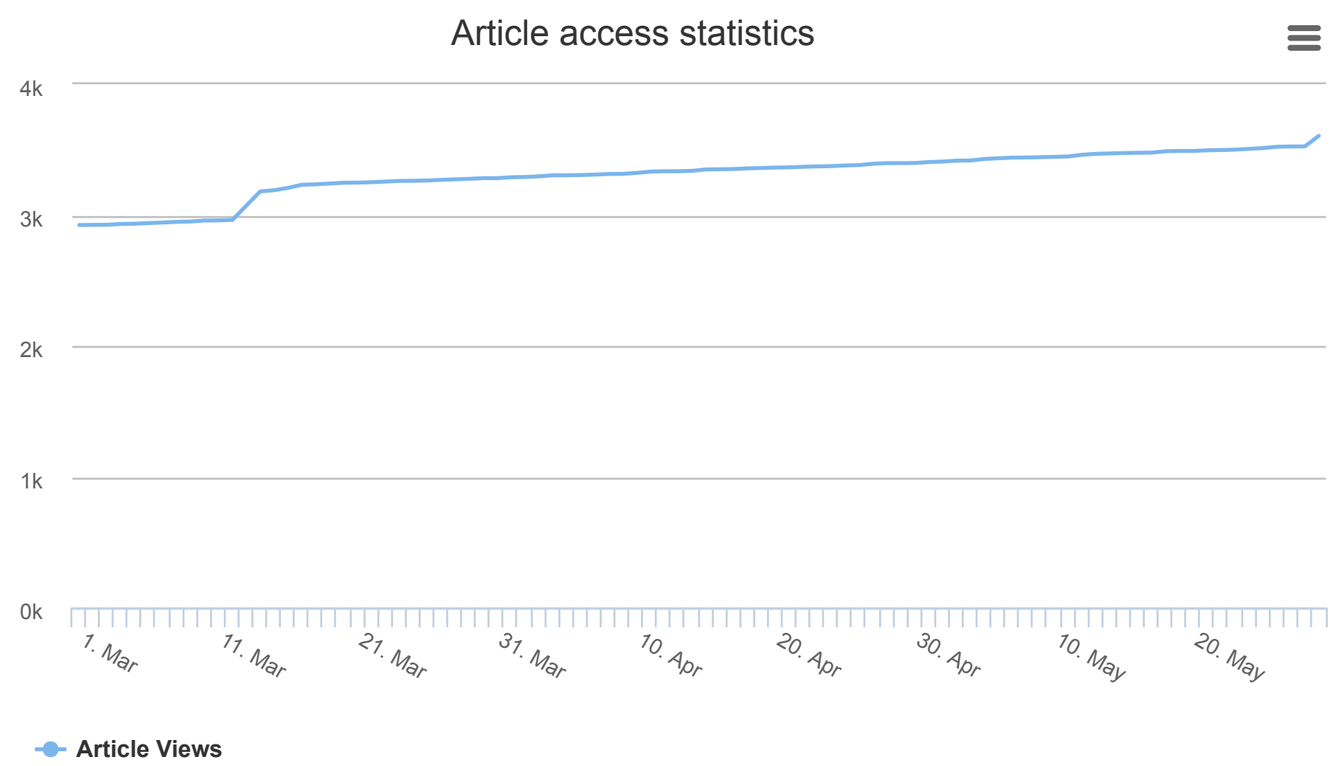

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